



Parent's Guide 2017

**Mick Hagan
Camp Director**

**Josh Van Alstyne & Michael Webb
Assistant Camp Directors**

Contact Info

This guide exists to enable you to help your pre-teen or teen make the most of their camp experience at the JCC. We ask that you read this information with them, be sure they understand everything, and ask questions before the start of the program. If necessary, you can contact the JCC the following ways:

- By phone at 315-445-2360
- Via email
 - mhagan@jccsyr.org for Mick H.
 - jvanalstyne@jccsyr.org for Josh V
 - mwebb@jccsyr.org for Michael W.

Hours of Operation

Camp begins each morning at 9 am and ends at 4 pm. Please arrive to camp ON TIME. Campers arriving at 9:00 am should be dropped off at The JCC. Some field trips require immediate departure and we will be unable to wait for late arrivals. Campers being picked up at 4:00 PM should be picked up at the same location. Campers needing Early/Late Care see below.

There are three weeks (3, 5 and 8) that feature an overnight trip. Campers will arrive at camp on Thursday morning at 9 and leave on Friday afternoon at 4. There will not be an opportunity to bring items for sleeping over after drop off at 9 am, so please come prepared.

If you need your child to arrive earlier than 9 or stay later than 4, please enroll them in early and/or late care. Early/Late Care will take place at the JCC as well.

We look forward to having a happy, healthy, and safe summer camp experience with your teens!



Notes/Questions

Behavior and Discipline

Every camper is expected to show acceptable behavior both on and off site. Unacceptable behavior includes but is not limited to lying, foul language, stealing, fighting (verbally or physically), inability to follow rules, lewd or sexual behaviors, or defiance. Campers not able to uphold acceptable behaviors will work with staff to determine the correct course of action for their behavior and proper disciplinary consequences. Parents will be notified when behaviors require disciplinary action. Discipline can include but may not be limited to removal from activity or group temporarily or for the remainder of the activity, conferences with parents or other campers and the director, loss of privileges including field trip participation, or dismissal from camp. If there are repeated offenses, the camper may be removed from the program without financial compensation. If this occurs on a field trip or overnight, campers may be sent home at parent's expense.

Scheduling

Due to the nature of this camp, all field trips and schedules are subject to change based on several factors including weather, scheduling conflicts with field trip sites, number of campers enrolled, and transportation. Please be advised that the schedule can change without prior notice. The Director will notify parents in the case that these changes occur during overnight events however the department may not be able to notify parents of changes to the daily schedule. Every attempt will be made to reschedule the same trip on a different day of the same week, otherwise a suitable substitute will be found. The same policy applies to volunteer opportunities.

Health and Wellness

Each participant must have a medical form completed **by June 27th or at least two weeks prior** to the start of camp. This is the same form used for Camp Rishon. Please complete the front and top half of the back of the form. Your child's physician should complete the remainder.

If your child requires medication during the camp day or an overnight, the Director must receive the following at least 24 hours prior to administration:

- Medication in original package/container, including original prescription label. Do not bring medications in a bag or container other than the one it came in.
- A doctor's note explaining proper dose and administration with permission for staff to dispense or oversee self-administration of the medication.
- A parent's note giving staff permission to administer medication as per doctor's orders.

Campers may not carry their own medication. It **must** be turned in to the camp director. Staff will not accept medications from parents or campers. Please speak with the director if your child requires continuous (e.g., insulin) or emergency (e.g., epi-pen) medications to be sure arrangements are made so that we can adequately monitor your child's health.

If your child has any life-threatening conditions (such as severe allergic reactions) or special considerations (learning disabilities, special diet, physical limitations, etc.) please be sure to discuss them with the director prior to the start of camp so that we may better accommodate your child's needs.

What to Wear

Camp activities will change daily. Your confirmation pages will let you know the specifics for each week. In order to be prepared for any scheduling changes that may occur, please come prepared daily with swim gear, sun block, a hat or visor, and sneakers. For overnights, be prepared with a change of clothing for the following day, as well as a change of swim gear and any necessary items for sleeping and daily grooming. Be prepared for the outdoors with weather appropriate clothing, including raingear, and cooler weather with sweatshirts and pants if needed. Please label any items that are coming to and from camp daily. Many items look alike and without a label, it makes it more difficult to identify owners of missing items.

Overnights

Camper should bring some specific things for an overnight;

- Sleeping bag and pillow
- Toothbrush and toothpaste
- Pajamas
- Sweat Pants & Sweatshirt
- A change of clothes
- Any necessary medication
(with a note from the doctor)
- Flashlight
- Non-Deet bug spray
- Rain gear

Drop Off and Pick Up

Campers in this group are of the age where they begin to take on more responsibility. While we are aware that some parents are comfortable with their child being unsupervised, others are not. Therefore, we will require that each camper be dropped off and

picked up by a parent or guardian. No camper will be permitted to leave the premises to walk or bike home. Campers must be checked in and out with staff daily.

Food, Personal Belongings, and Money

While it is not required that your child bring spending money on field trips, there may be some destinations that they would like to purchase a souvenir. Please limit the amount of money to \$25 for each individual. No charge or debit cards, please. No one will be permitted to purchase food at offsite locations.

The JCC is a kosher facility and our programs follow all kosher guidelines. This means that your child should come prepared with a **non-meat lunch daily**. Staff will ensure it is either refrigerated or kept in a cooler until it is consumed. No glass bottles, please.

Some field trips may require travelling long distances. In such cases, your child may want to bring along personal items for the trip. Hand-held video games and iPods are permitted. **For the safety and security of all campers, cell phone use is PROHIBITED during camp hours.** Please keep in mind that the staff is responsible for the safety of the campers, not the camper's belongings. There may not be a secure place to leave these items unattended, and it may be impossible to keep them with campers at all times. JCC and its staff will not be responsible for lost or stolen money or personal belongings.

Dinner, breakfast, and lunch will be provided after overnight events.

Please speak with the camp director if your child has special dietary needs or restrictions before the start of camp.